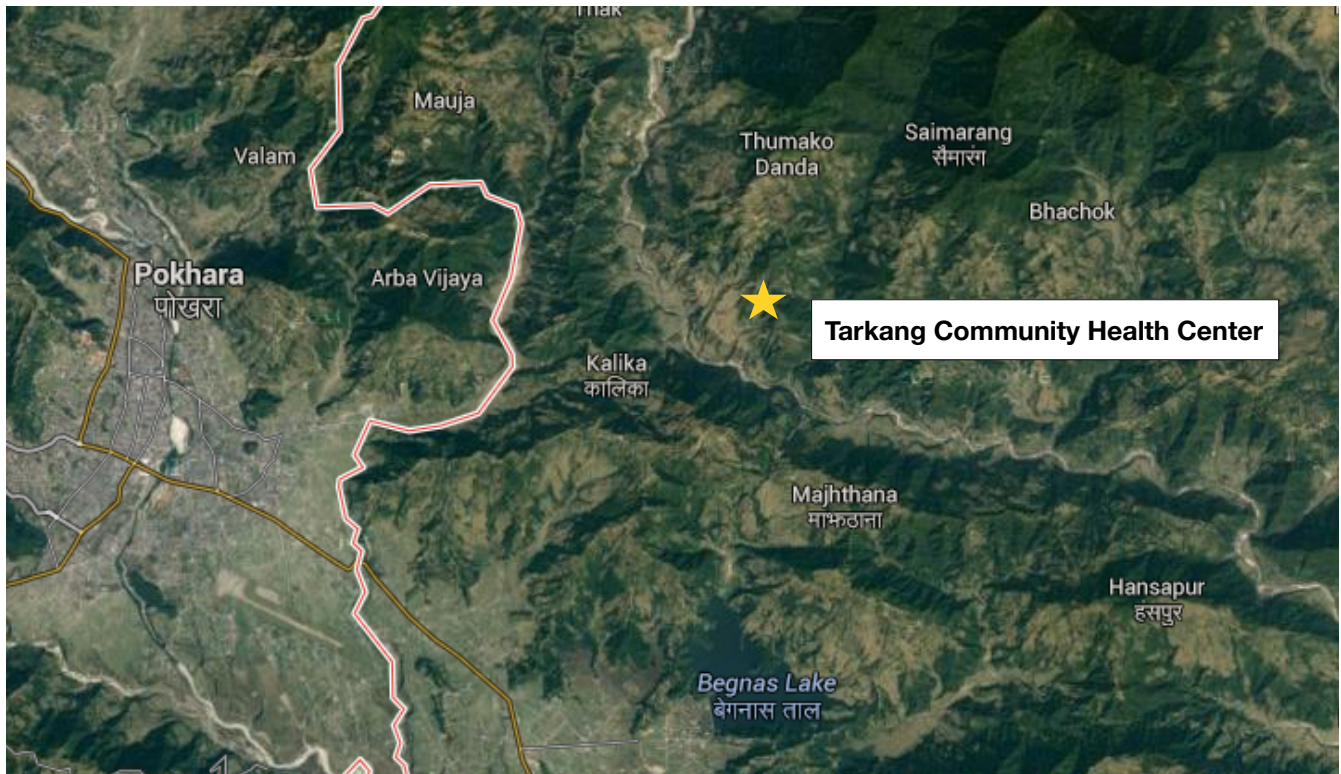

TARKANG COMMUNITY HEALTH CENTER



Project Proposal

Prepared by: Capt. Purna Bahadur Gurung, Co-ordinator

June 27, 2016

Proposal number: 0001-A

TARKANG COMMUNITY HEALTH CENTER

I. Executive Summary

This proposal is created to request an additional fund from America Nepal Medical Foundation for the construction of Community Health Centre at Simalchaur-9 of Tarkang. Due to the change in the scope of prior planning and rising cost of the building materials, previous funds received would not be able to build the minor surgery room and well-equipped delivery room.

II. Organization Description and History

The Tarkang Community Health Centre was established in 2011 to provide the health facilities to the people of Thumako Danda VDC. This organization has one rented room supported by two staffs, ANM, and HAW. For three years they were paid by the community people, but the Government of Nepal has agreed to pay their salaries.

The project site is located in the center area of the village development committee. In the past, it has organized eye camp in coordination with Himalayan Eye Hospital and family planning camp in coordination with the district public health office. Camps for Dental and General Health Check Ups were also organized by the community at this center. It is 14 kilometers away from district head quarter Pokhara.

This health care facility will serve more than three thousand population. Most of them are underserved indigenous people living in poverty. The majority of citizens are laborers and farmers. Basic health care outside of this facility is virtually impossible for many village dwellers. Due to lack of regular transportation, many villagers have to walk 3-4 hours to reach Pokhara. Taking care of pregnant women and more elderly population during rainy season have been the challenges for years.

III. Statement of Need

The health center is in a remote part of the country where most of the villagers are farmers and are below poverty line. Many houses were partially destroyed by last year earthquakes which diverted some of the

COMPANY NAME

expected funds from villagers themselves. Due to a lack of public health facilities and proper education like basic hygiene, many people become sick every year. Getting medicines for common diseases have been a challenge. The VDC still has high infant mortality rate and pregnancy-related complications. With an opening of the Tarkang community Health Centre, people have realized the importance of basic health services. The newer facility will uplift the health standard of this locality.

Although the government has given the permission to build a facility, it didn't provide funds for the construction. The Pahar Trust provided the majority of the funding. Due to recent blockade and rise in the cost of construction materials, additional funds were needed. The government will staff the facility with two full-time nurses and provide other logistic supports once operation begins.

IV. Project Description

The primary goal of this proposal is to secure funding for the construction of Delivery Room and Minor Surgery Room. This project, in general, will support the most vulnerable and pregnant women who are below poverty line. The government of Nepal will support the required staffs and other logistics for the health center.

This health center will provide health services to more than three thousand population. It will continue to foster relation with Himalayan Eye Hospital, District Health Office and Population Planning and Management Office to run future health camps and provide additional services. There has been an ongoing discussion with medical colleges in Pokhara to have regular health clinics at this facility after the new building becomes operational. This facility has already secured funding for a solar unit which will support the electricity need for the entire building, one fridge, OT table lights and water purification system. We are also expecting the decrease in infant mortality rate and death due to communicable disease.

The main challenge and the barrier have been the limited funds available to construct additional rooms need for the health center.

For the first three years, the health center was run in a rented room. All the villagers set aside some of their money to pay for the two staffs. Many of the villagers are still paying their dues with labor work at the site.

The references can be obtained from:

- a. District Public Health Office, Kaski
- b. Capt. Purna Bahadur Gurung- Coordinator of Project and Board of Director Pahar Trust.

Cell: 9856020716

V. Project Timeline

- a. Cemented roof construction has been completed
 - b. Delivery and Minor Surgery Rooms completion will be achieved within next 10 months
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VI. Budget

DETAILED ESTIMATE AND ABSTRACT OF COST

									Date:2073-02-10	
S.N.	Description	No.	Length	Breadth	Height	Quantity	Unit	Rate	Amount	Remarks
1	Site clearance work	1	15.00	10.00		150.00	Sqm	16.22	2433.00	
2	Earth work excavation in BM Soil	1				36.37	Sqm	432.6	15733.66	
3	Stone soling work	1				13.62		2467.5	33607.35	
4	Lean concrete 1:3:6	1				8.13		7742	62942.46	
5	Stone masonry in 1:6 cement mortar work Upto Plinth Level	1				16.54		7448.4	123196.53	
6	R.C.C. work 1:2:4	1				49.51		10927.5	541020.52	
7	Reinforcement bar for RCC works including cutting, binding, bending & placing as per drawing with 30m lead	1				5393.83		100.61	542673.23	
8	Form work for Rcc-5 m ² /m ³	1				247.55	m ²	576.08	142608.60	
9	6" thick Concrete Block 1:4 c/s mortar	1				15.24		5711.00	87035.64	
10	Salwood frame with wood size 100*75mm	1				0.46	m ³	212329.7	97671.66	
11	Sal wood shutter work	1				21.06	m ²	10766.5	226742.49	
12	Flooring work (Earth transport, filling and ramming)	1				19.17	m ³	131.25	2516.06	
13	Cement plaster work on Wall 1:4	1				243.88	m ²	256.47	62547.90	
14	Cement Plaster work on Ceiling1:4	1				113.05	m ³	298.07	33696.81	
14	2coat-enamel paint with 1-coat primer	1				43.02	m ²	223.92	9633.03	
15	2-coat-plastic emulsion paint with primer in inner wall and column face	1				121.94	m ²	196.56	23968.52	
16	2 coat-weather coat over one coat primer	1				121.94	m ²	160.79	19606.73	
17	2-coat-distemper paint over one coat primer on Ceilling and beam face	1				113.05	m ²	90.75	10259.28	
						Total Civil Works			2037893.47	
B	Sanitary Works @ 5% of the civil Works								101894.67	
C	Electricity Works @ 5% of the civil Works								101894.67	
						Total			2241682.82	
						Contingencies @ 3% of Total Cost			67250.48	
						Grand Total			2308933.30	

VII. Miscellaneous

- ANMF is the only organization reached out for additional funding.
- Tarkang Community Health Center can be used as a platform for future ANMF projects like Surgical Health Camps, Eye Camps, Telemedicine Clinics and Public Health Projects.
- Local community members will provide housing and foods free of cost for visiting team members from ANMF during camps.