

To: America Nepal Medical Foundation

From: Dr. Jainendra Kumar Chaudhary, MS, General Surgery (NAMS), MCh, Surgical Gastroenterology (NAMS)

Subject: Visit Report: Observership at University of Washington Department of Colorectal Surgery, Seattle, USA.

DATE: 2017/06/15

Purpose Statement

On November 2016, I went for the observership in advance laparoscopic colorectal surgery in University of Washington Department of Colorectal Surgery, Seattle, USA. My interest was to observe laparoscopic colorectal surgery and learn the skill of it.

The Program

The observership program was conducted in University of Washington Department of Colorectal Surgery, Seattle from 1st of November 2016 to 9th of December 2016, under Dr. Alessandro Fichera, MD, FACS, FASCRS, Professor and Section Chief Gastrointestinal Surgery, Division of General Surgery. Initiative for the program was taken by Dr. Sushil Pandey, Colorectal Surgeon and member of ANMF and Dr. Subodh kumar Adhikari, Head of Department GI surgery, NAMS, Bir Hospital with the objective of developing advance laparoscopic colorectal surgery in Nepal. Travel and accommodation was supported by America Nepal Medical Foundation without which it couldn't be successful.

I departed from Kathmandu on 24th October 2016 and landed in Seattle on 25th October. I stayed as paying guest with one Nepalese for the period of one and half month. I went there one week earlier as advised by the faculties in University of Washington to get acclimatized with the jet lag. The program started on 1st of November till 9th of October 2016. I was involved in observing patients in both Out Patient Clinic (OPD), Operation Theater (OT) and different department

activity like morning conference, morbidity and mortality meeting. I observed different types of colorectal surgeries being done laparoscopically and had opportunity to discuss actively regarding different technical difficulties and tips and tricks involved in the surgery with the experts in the field. The program was very helpful in building up the new skills of minimal invasive surgery and program like this need to be continued to help learn new skills in our country.

I am thankful to Dr. Sangita Basnet, Chairperson, America Nepal Medical Foundation and her team for supporting the observership program, Dr Sushil Pandey, Prof. Dr Subodh K Adhikari for taking the initiative and Prof. Dr. Alessandro Fichera for welcoming me as observer and giving me the tips and tricks of the advance laparoscopic colorectal surgery.

Recommendation

The program is very fruitful for learning the skills of advance laparoscopic colorectal surgery and needs to be continued.

Travel Expense Statement

No.	Description	Amount (USD)	Amount (NRs)
1	Air fair (KTM- Seattle- Portland-Honolulu-KTM)		155,000.00
		+	+
	Portland- Hononolu	377.50	40,509.52
2	Accommodation in seattle	1200.00	128,772.00
3	Local transport	270.00	28,973.70
4	Meal	650.00	69,751.50
5	Travel Insurance		21,001.05
6	VISA charge		17,600.00
7	Vaccination charge		15,736.59
8	Total		477,344.36

Note:

NRB exchange rate on 23rd October 2016: 1 USD = 107.31 NRs

I have attached bills of all the expenses along with the report and video of the surgeries I observed.